



Counselling Dual Credit

Dual Credits: two high school credits and two college courses

Mental Health Across the Lifespan – HIB4T (College Course: HSP165)

This course offers an introduction to the basic concepts related to mental health and mental illness. It takes a lifespan perspective moving from mental health issues that occur from birth to death. As well as introducing what abnormal behavior is, how it is assessed and classified through the appropriate diagnostic tools.

Introduction to Substance Abuse – HDX4T (College Course: MHA180)

This course provides an introduction to the history of substance use, including its social and economic context. The course outlines various theories of substance use from their origins to present day, highlighting the cultural and societal influences that impact use patterns. This course examines the most prevalent drugs, the common myths surrounding addiction, and the state of current drug policy in Canada. An overview of substance abuse screening and assessment, treatment settings and approaches, and concurrent disorders is considered.

Note:

- Tuition, transportation and supplies will be covered through the Dual Credit program.
- All students are expected to watch an orientation session prior to taking part in any Dual Credit program.
- Students will be contacted by the SCWI Program Assistant, at least one week prior to the start of the program, to be provided with a date, time for each orientation session.
- Delivery: September to December, 2023.
- Location: College Drive Campus.